

King County

Department of
Natural Resources and Parks
Weyerhaeuser King County Aquatic Center
650 SW Campus Drive
Federal Way Washington 98023-8425

PUBLIC PROGRAMS

- Scheduled Recreational Swims

- Adult Lap Swims

- Senior Citizen Programs

- Swimming Lessons (Tots, Preschool, Youth, Adult)

- Water Exercise Programs

- American Red Cross Water Safety Courses

- Specialized Water Sports Training

- Competitive Team Programs

UPCOMING EVENTS

- Sept 24-26 Islander Water Polo Invitational

- Sept 27 Olympic Medalists Exhibition

- Oct 2 Kamiak High School Swimming Invitational

- Oct 23-24 CWPW Water Polo Champs

- Oct 29 Annual Huanated Pool, Community Activity Swims

- Oct 30-31 NW Collegiate Water Polo Champs

- Nov 5-7 Wash. State Boys High School Water Polo Champs

- Nov 12-13 Washington State Girls Swim/Dive Champs


- Nov 14 Pacific Northwest Swimming Distance & Trials Meet

- Nov 20-21 NW Collegiate Water Polo Champs

- Dec 2-5 University of Washington Husky Swimming Inv

- Dec 10-12 Pacific Northwest Swimming Championship

- Dec 18 Pacific Northwest Swimming Dequal Meet



King County

Department of Natural Resources and Parks
Parks and Recreation Division
Weyerhaeuser King County Aquatic Center
650 SW Campus Drive
Federal Way, WA 98023-8425
206-296-4444 TTY Relay: 711
www.metrokc.gov/parks

Fall Schedule
Sept 7 - Dec. 31, 2004
Seattle (206) 296-4444
Tacoma (253) 927-5173

Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00	Maintenance	Adult/Senior LapSwim	Maintenance	Adult/Senior LapSwim	Maintenance	Special Events and Activities	Special Events and Activities
9:00-10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise		
10:00-11:30	Lessons	Lessons	Lessons	Lessons	Maintenance		
11:30-12:30	FamilySwim **	FamilySwim **	FamilySwim **	FamilySwim **	FamilySwim **	11:30-1:30 PublicSwim *	11:30-1:30 PublicSwim *
12:30-1:30	Adult/Senior LapSwim	Adult/Senior LapSwim	Adult/Senior LapSwim	Adult/Senior LapSwim	Adult/Senior LapSwim	1:30- Rentals	1:30- Rentals
4:30-7:30	Lessons	Lessons	Lessons	Lessons	4:00-7:00 Rentals		
7:30-8:30	PublicSwim *	PublicSwim *	PublicSwim *	PublicSwim *	PublicSwim *		
8:30-9:30	Aquarobics	Aquarobics	Aquarobics	Aquarobics			

* Children younger than 6 years old must each be accompanied in the water by an adult
** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

SWIMMING LESSONS
Morning Sessions (1/2 hr, 10:00-11:30am, MW's or TTh's)
Evening Lessons (1/2 hr, 4:30-7:30pm, MW's or TTh's)
Monday & Wednesdays
Sept 8-Oct 6 (9 lessons)
Oct 11-Nov 10 (10 lessons)
Nov 15-Dec 15 (9 lessons, no classes Nov 24)

Tuesday & Thursdays
Sept 9-Oct 7 (9 lessons)
Oct 12-Nov 11 (10 lessons)
Nov 16-Dec 16 (8 lessons, no classes Nov 25, Dec 2)

CANCELED SWIMS
Sept 4-6, Sept 27 4pm on (Olympic Medalist Exhibition)
Oct 29: 7:30pm-8:30pm (for Haunted Pool Event), Nov 12-13, 25-28, Dec 20-26, Dec 31 1:30pm on, Jan 1-2

WATER EXERCISE
Call Aquarobics™: 1-800-817-8988



TELEPHONE RELAY SERVICE: 711



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Sept 7 - Dec. 31, 2004
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Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am-8:00	LapSwim*	LapSwim*	LapSwim*	LapSwim*	LapSwim*
11:30-1:30	LapSwim*	LapSwim*	LapSwim*	LapSwim*	LapSwim*
4:00-6:30	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-8:00	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-10:00	Team Training	Team Training	Team Training	Team Training	Team Training

* To maximize use of the facility, team workouts are scheduled during some lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 25 yards and ranges in depth from 9 to 10.5 feet. Some lap swims will be in the dive tank which is 25 yards and ranges in depth from 16 to 17.5 feet. Lap swims are for lap swimming only. The starting blocks are closed to lap swimmers. Entries into the water shall be done in a careful, feet-first manner. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 50-yard swim test to be allowed to swim in the competition pool or dive tank.

CANCELED SWIMS:

Sept 24-26 11:30-1:30
Oct 2 11:30-1:30
Oct 23-24 11:30-1:30
Oct 30-31 11:30-1:30
Nov 5-7 all day
Nov 12-13 all day
Nov 14 11:30-1:30
Nov 20-21 11:30-1:30
Nov 25-28 all day
Dec 3-5 all day
Dec 10-12 11:30-1:30
Dec 18 11:30-1:30
Dec 20-24 all day
Dec 25-26 all day
Dec 31-Jan 2 all day

EVENTS:

Islander Water Polo Invitational
Kamiak High School Swimming Invitational
CWPA Water Polo Championship
NW Collegiate Water Polo Championship
Boy's State High School Water Polo Champs
WIAA/Dairy Farmers Girls State HS Swim/Dive Champs
Pacific Northwest Swimming Distance & Time Trials Meets
Northwest Collegiate Water Polo Championship
Thanksgiving Holiday
University of Washington Husky Invitational
Pacific NW Swimming Championship
Pacific NW Swimming Dequal Meet
Facility Maintenance Project
Christmas Holiday
New Years Holiday



King County

2004 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:		Competition Pool:	
Rec Pool Family Swim**		Comp Pool Lap Swim	\$4.75
All participants	\$3.25	Sr Citizen (62+) & People w/ Disabilities	\$3.25
Public Swim*			
Children, Adults & Sr Citizens	\$3.25		
People w/ Disabilities	\$2.50		
Rec Pool Adult & Senior Lap Swim		Low Impact Water Exercise (Rec Pool)	
Adult	\$4.75	Adult	\$6.25 - 10-visit Card \$58.50
Sr Citizen (62+) & Disabled	\$3.25	Sr Citizen (62+)	\$4.75 - 10-visit Card \$40.00
Shower	\$3.25		

* Each child younger than 6 yrs old must each be accompanied in the water by an adult
** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.

Rec Pool, 1-25 people	\$90.00/hour	Party Room Rental	\$35.00/hour
Rec Pool, 26-60 people	\$120.00/hour	Lobby Rental	\$78.75/hour
			+ staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.25 + tax	\$312.00 + tax
Adult	\$156.75 + tax	\$456.00 + tax
Family	\$250.00 + tax	\$624.00 + tax
Senior Citizen (62+)	\$97.50 + tax	\$273.00 + tax
Disabled	\$82.50 + tax	\$240.00 + tax

GIFTCERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE: 711

